**The Iyengar Yoga Studio, East Finchley**

**Foundation Classes 2019**

Foundation classes run in six week courses on Wednesdays at 6.30 for an hour at a cost of £65 per course.

The cost also includes two free classes once the course is complete.

The next course takes place over the following dates:

* January 16th, 23rd 30th
* February 6th, 13th, 20th

To book your place please complete the booking form below and send it together with a cheque for £65 made payable to ‘The Iyengar Yoga Studio’ to the address given below. **Alternatively, email the completed form to us** info@tiys.co.uk **and pay by direct bank transfer to: Santander, TIYS, 09-06-66, 42569927.**

The Iyengar Yoga Studio

Yoga House

Leicester Road

London

N2 9EA

Cut here…………………………………………………………………………………

Name:

Address:

Telephone:

Email: