**The Iyengar Yoga Studio, East Finchley**

**Foundation Classes 2018**

Foundation classes run in six week courses on Sundays at 11.30 for an hour at a cost of £60. per course. The course includes membership of the studio for the rest of the year.

The next course takes place over the following dates:

* January 14th, 21st, 28th
* February 4th, 11th, 18th

To book your place please complete the booking form below and send it together with a cheque for £60 made payable to ‘The Iyengar Yoga Studio’ to the address given below. **Alternatively fill it in online, email to us** info@tiys.co.uk **and pay by direct bank transfer to: Santander, TIYS, 09-06-66, 42569927.**

The Iyengar Yoga Studio

Yoga House

Leicester Road

London

N2 9EA

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Name………………………………………………………………………………….

Address………………………………………………………………………………

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Telephone No…………………………………………………………………….

Email address…………………………………………………………………….