

Iyengar Yoga Studio Class Timetable 2017 (See overleaf for contact details and class prices)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9.30 General Patsy	9.30 General and Beginners 2 Wendy	9.30 Beginners and over 50s Fran	9.45 General Tessa	9.30 General Patsy	9.30 Beginners & General Wendy	10.00 New beginners Gene 75 minute class
11.15 Therapy Patsy*	11.15 Beginners Deborah	11.15 Intermediate Patsy 2 hour class	11.30 Post Therapy/Slower Tessa*	11.30 Intermediate Uday 2 hour class	11.15 – 12.15 New beginners Wendy 60 minute class	11.30 Foundation Gene (6 weeks from 22 nd Jan)
	1.00 Intermediate Patsy* 2 hour class			1.45 Therapy Patsy*		Restorative Nita See website for dates/times or contact Nita
			5.00 Teenagers 13-18 Korinna* 1 hour class			
6.15 General Patsy	6.30 New beginners Gene 75 minute class	6.45- 7.45 New beginners Deborah 60 minute class	6.15 Beginners Nita			
8.00 Beginners Patsy	8.00 General Wendy	8.00 General Patsy	8.00 Intermediate Darren			

* For all classes marked with an asterisk, please contact the teacher first.

Iyengar Yoga Studio - Contact details and class prices 2017

Regular students join the **Friends Scheme** which costs £50 per year¹. Students joining part way through the year pay pro rata. **Friends** can pre-book classes in blocks of five or ten that are valid for 8 weeks and 14 weeks respectively.

	Drop in		Pre-paid (members only)	
	Non-members	Members	Book of ten	Book of five
Standard one and a half hour class:	15	13	110	60
Two hour class:	16	14	120	65
One and a quarter hour class:	14	12	100	55
One hour class	13	11	90	50
Foundation:	£60 six classes pre-paid (includes 2 free classes following the course plus 3 months free membership of the Studio)			

Teacher contact details for class enquiries

Patsy 07813 000540 patsyyoga@aol.com
 Gene 07973635765 genewilcox56@gmail.com
 Wendy 07967649871 wendysykes@btconnect.com
 Darren 07801 481801 enquiries@yogawithdarren.com
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Other enquiries: 0208 815 1918 **Email:** info@tiys.co.uk

¹ This does not apply to Teenage, Foundation or Restorative students.